

Basketball Players Covid Protocols:

1. Athletic Contracts/Player Forms

- Download from the website, print and fill out, return to your coach **by next practice.**
- If you can't print at home, ask coach or PE teacher for a printed one at school
- **Can't play without this**

2. Covid Protocols – ***masks worn at all times until coach tells you otherwise***

- Entering Training Sessions
 - All drop off/pick up/or parking to be done in the back parking lot – front doors will not be open.
 - Always enter gym from Exit 4 (double doors by boys changerooms), and always leave from Exit 5 (double doors closest to back parking lot) – you will not be able to go into the school/hallways
 - There are no spectators permitted
 - We must wash or sanitize our hands **before and after** practice.
 - Please try to wear a white or light t-shirt/long sleeve/sweatshirt if possible if your cohort is an odd number, and a black/navy if your cohort is an even number - to help us as we only have a limited number of pinnies.
- Changerooms –
 - Come to practice already changed into your gear, except for your shoes. **Changerooms will be off limits**, except to use toilet when needed.
 - Because there are practices that may start right after school, that is the only time there will be a need to change into training gear. Basketball players will only be permitted to use the changeroom from 3:05 until 3:15 – masks on the entire time as there may be players from different cohorts using the space at the same time. You must enter and exit the

changeroom from the gym, not the back. Masks on. Do not leave your stuff in the changeroom. Bring it out on to the court with you

- Only those teams that are practicing in the morning before school will be permitted to use the changeroom at the end of practice – for the end of all other practices you will have to change at home. Bring layers as colder weather approaches.
- Training time
 - Put your bags in the designated section in the bleachers (arranged by cohort)
 - We will be practicing with multiple cohorts in the gym at one time. If you are in the same space as your own cohort only, then no mask needed; however, you must mask up if you come into close contact with a player from another cohort.
 - Physical contact within your cohort will be explained better by your coach in person.
 - Sharing of equipment between cohorts is permitted – and will be cleaned regularly.
 - Players will be involved in helping set up stations/equipment and also cleaning and sanitizing after.
 - Probably a good idea to keep some personal hand sanitizer in your bag, although coaches will have some available as well.