



Fall Sports COVID Protocols

1. Athletic Contracts / Athletic Expectation Forms
 - Need to be filled out and handed in by the start of 2nd practice.
 - See your coach or print off forms from the Athletics' website

2. COVID Protocols
 - SPECTATORS ARE NOT PERMITTED AT THIS TIME.
 - Masks – Indoors
 - Need to be worn except when doing high intensity activities.
 - Masks – Outdoors
 - Not needed for activity, personal space needs to be taken into consideration when not participating in activity.
 - Hands need to be cleaned before and after training sessions. Recommended on breaks as well especially if using the water fountain.
 - Entering Training Sessions
 - All drop off/pick up/or parking to be done in the back parking lot – front doors will not be open.
 - Always enter gym from Exit 4 (double doors by boys' change rooms), and always leave from Exit 5 (double doors closest to back parking lot) – you will not be able to go into the school/hallways
 - Changing / Washrooms
 - Change rooms can be used, but **masks need to be worn** and students are asked to be in and out quickly.
 - Training time
 - Inside – water bottles and bags go on the bleachers
 - Outside – Gear placed on hillside or as directed by your coach(es)
 - Players will be involved in helping set up stations/equipment and also cleaning and sanitizing after.
 - Consider bringing personal hand sanitizer and keeping it in your bag (recommended for outdoor sports)

****Please note the COVID Protocols are subject to change based on decisions made by the PHO and Ministry of Health ****