

Name: \_\_\_\_\_

Grade: \_\_\_\_\_



**SCHOOL DISTRICT #73**  
**KAMLOOPS - THOMPSON**

**ATHLETE / PARENT**  
**CONTRACT**

APPENDIX A

School District No. 73 (Kamloops-Thompson)  
Student-Athlete Code of Conduct

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ALCOHOL AND OTHER DRUGS: STUDENT ATHLETES

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Online Access to **“Extracurricular Athletics Safety Guidelines Manual”**  
**[www.westzoneathletic.ca](http://www.westzoneathletic.ca)**

Contract Issued November 12, 2019  
In accordance with Extra-Curricular Athletics Safety Guidelines  
Administrative Procedures

NOTE: THIS FORM NEEDS TO COMPLETED ONCE PER SCHOOL YEAR, PRIOR TO PARTICIPATION IN THE STUDENT-ATHLETES FIRST SEASON OF PLAY IN THE SCHOOL YEAR. THESE FORM WILL BE KEPT WITH THE SCHOOL'S ATHLETIC DIRECTOR.

APPENDIX A  
School District No. 73 (Kamloops-Thompson)  
Student-Athlete Code of Conduct

The actions of a student-athlete are a reflection of themselves, their team, their school and their community. A student's involvement in school sport provides opportunities and experiences that are important to the development of a well-rounded student. Student-athletes must remember that their participation in school sport is a privilege, not a right.

SCHOOL NAME: \_\_\_\_\_ SCHOOL YEAR: \_\_\_\_\_

**Student-Athletes shall:**

1. Treat everyone with respect
  - Treat teammates, coaches, opponents, event organizers and spectators with respect
  - Respect and accept with dignity the decisions of officials
  - Be generous in winning and graceful in losing, exercising self-control at all times
  
2. Exercise self-control at all times
  - Refrain from the use of foul, profane or objectionable language
  - Refrain from the use of physical force outside of the rules of the game
  - Play within the rules and the spirit of the game at all times
  
3. Abide by School District No. 73 (Kamloops-Thompson) Policies and Procedures (including but not limited to):
  - Administrative Procedure 350 – Student Code of Conduct
  - Administrative Procedure 350 – Appendix C – School Codes of Conduct
  - Administrative Procedure 356 – Alcohol and Other Drugs
  - Administrative Procedure 356- Appendix – Alcohol and Other Drugs – Student-Athletes
  - School District No. 73 (Kamloops-Thompson) Extra Curricular Safety Guidelines Handbook
  - School-specific procedures addressing extra-curricular fees, uniform deposits, academic eligibility, athletic travel

**I have read the School District No. 73 (Kamloops-Thompson) Administrative Procedures, the Extra Curricular Safety Guidelines Handbook and school-specific procedures pertaining to extra-curricular athletics as listed in section 3 above, as well as my school's Code of Conduct, and understand the expectations outlined in each.**

(Student Name)	(Student Signature)	(Date)
(Parent/Guardian Name)	(Parent/Guardian Signature)	(Date)

NOTE: THIS FORM NEEDS TO COMPLETED ONCE PER SCHOOL YEAR, PRIOR TO PARTICIPATION IN THE STUDENT-ATHLETES FIRST SEASON OF PLAY IN THE SCHOOL YEAR.

**APPENDIX B**  
**PARENT ACKNOWLEDGEMENT FORM**

It is important that parents familiarize themselves with all district and school procedures that pertain to student-athlete and parent participation in all areas of extra-curricular athletics. This signed form acknowledges that, as a parent of a student-athlete, you have read all of the procedures listed below. District level procedures can be easily accessed on our school district website ([www.sd73.bc.ca](http://www.sd73.bc.ca)), and school-specific procedures can be found on each school's website. If you experience any difficulty accessing this information, please contact your son's/daughter's school for assistance.

As a parent/guardian, I have read, understand and will support the following procedures (district and school):

- Administrative Procedure 350 – Student Code of Conduct
- Administrative Procedure 350 – Appendix C – School Codes of Conduct
- Administrative Procedure 356 – Alcohol and Other Drugs
- Administrative Procedure 356- Appendix – Alcohol and Other Drugs – Student-Athletes
- School District No. 73 (Kamloops-Thompson) Extra Curricular Safety Guidelines Handbook
- School-specific procedures addressing extra-curricular fees, uniform deposits, academic eligibility, athletic travel
- Attend meetings as required by the school and/or coach
- Adhere to the expectations outlined in the “Information to Parents” document (attached)
- Submit the “Medical Consent Form” (see Appendix C), and inform the coach, athletic director and/or the principal of any medical conditions that would limit or prevent my son/daughter from safely participating in any extra-curricular sport. For detailed information regarding concussion protocol and other medical considerations or concerns refer to the “School District No. 73 (Kamloops-Thompson) Extra Curricular Safety Guidelines Handbook”.
- Should I wish to volunteer as a parent driver I will complete the “School District No.73 Volunteer Driver form (available from the Athletic Director or school office), and submit the completed form to the coach or athletic director.

School: \_\_\_\_\_ School Year: \_\_\_\_\_

\_\_\_\_\_  
(Parent/Guardian Name) (Student-Athlete Name)

\_\_\_\_\_  
(Parent/Guardian Signature)

**NOTE: THIS FORM NEEDS TO COMPLETED ONCE PER SCHOOL YEAR, AND MUST BE SUBMITTED PRIOR TO MY SON/DAUGHTER PARTICIPATING IN THEIR FIRST SEASON OF PLAY FOR THE SCHOOL YEAR.**

## INFORMATION TO PARENTS

The information below is intended to highlight the importance of appropriate communication between coaches and parents in order to best support student-athletes.

### **Communication you should expect from the coach:**

- The coach's and program's philosophy
- Individual and team expectations, including special equipment, conditioning, practices, etc.
- Location and times of practices and games
- Academic, behavioral and medical factors that may affect student-athlete participation

### **Communication coaches expect from parents:**

- Express any concerns directly to the coach. Avoid approaching the coach with concerns immediately before, during or after a practice or game. Employ the "24 hour" rule prior to discussing concerns in order to allow initial emotions to subside.
- Notification of schedule conflicts and non-medical factors that will prevent your son/daughter from participating
- Specific concerns regarding a coach's philosophy and/or expectations to discuss with coach directly
- Support the key attributes of sport participation: dedication, commitment, responsibility, respect for and an appreciation of the benefits of being a student-athlete

### **Concerns and issues that are appropriate/not appropriate to discuss with coaches:**

- **DO** discuss ways to help your child improve and develop, concerns about your child's behavior and concerns you may have regarding the treatment (mental, physical) of your child
- **DO NOT** discuss other student-athletes, coaching strategy and/or your child's playing time

### **If you have a concern you wish to discuss with a coach:**

- Contact the coach to arrange a meeting. At times, community coaches may be more difficult to reach on short notice, and you may wish to contact the Athletic Director to help in setting up a meeting.
- Do not attempt to confront a coach before, during or after a game/practice. Give time for emotions to subside and an opportunity for reflection prior to a meeting that will create a more positive climate for resolution.

### **What if my meeting with the coach does not provide a satisfactory resolution?**

- Contact the Athletic Director who can discuss the concern with you, facilitate a meeting with the coach and parent and/or seek the involvement of the school principal to address the concern and facilitate a resolution

### **Parent/Spectator Code of Conduct**

- The most important individual in extra-curricular sports competition is the student-athlete. Their primary motivation to participate should be a genuine love of the game and for the positive skills they will acquire (both life and sport-specific) through their participation. Research tells us that only .03% of high school athletes eventually play at the professional level. For student-athletes, their enjoyment of participation is greatly diminished when their parents become the focus of attention in negative ways.
- Model positive behavior through the encouragement and respect for all players, officials, spectators and parents.
- **DO NOT** coach from the sidelines, harass officials, make negative public comments about the coach, other student-athletes, other parents/spectators or opposing team players.
- **DO NOT** be tempted to analyze the game/practice with your son/daughter after it is over, especially in the context of offering advice/criticism about your child's performance. If they express frustration about their own performance encourage them to talk to their coach.

- When in doubt about the appropriateness of a contemplated behavior or course of action, refer to Administrative Procedure 350 – Student Code of Conduct. The standards of conduct we expect from our students should be modelled by the adults that support them.

**Player’s Role and Responsibilities**

- Athletes are expected to abide by the behavioral expectations set out by the Student-Athlete Code of Conduct as well as all other associated Board policies and Administrative Procedures.
- Athletes are expected to report any behavior that contravenes the codes of conduct of this procedure, Board policy or Administrative Procedure, including incidents of initiation/hazing to the coach and/or Principal.
- Athletes are expected to report all injuries or suspected injuries to the coach.
- Athletes are expected to report any unsafe equipment/facilities to the coach.



ALCOHOL AND OTHER DRUGS: STUDENT ATHLETES

## Background

The District believes that there is no place for alcohol or other drugs in sports.

## Procedures

1. The suspensions set out in this appendix are in addition to any discipline that may be imposed pursuant to Administrative Procedure 356 – Alcohol and Other Drugs. For the purposes of this appendix, an athlete is a student who is participating in a school sport and/or athletic program and who has signed a Student Athlete's Code of Conduct Form (form 350-1). For the purposes of this appendix, participation includes extracurricular try-outs, exhibition play, seasons of play and playoffs.
2. Any athlete who violates Administrative Procedure 356 – Alcohol and Other Drugs at any athletic or non-athletic event, under the jurisdiction of the District, or under the jurisdiction of any other district, will be suspended from participation in the school athletic program for up to one (1) calendar year from the date of violation.
3. Any athlete who violates Administrative Procedure 356 – Alcohol and Other Drugs will be referred to the District Secondary Athletic Council Discipline Committee, chaired by the assistant superintendent who is responsible for secondary athletics. Said committee will be comprised of the aforementioned assistant superintendent, one (1) member of the District Secondary Athletic Council and the principal. The committee will review the facts and determine the athlete's length of suspension from participating in extracurricular athletic programs.
  - 1.1. The length of the suspension shall reflect the principles of progressive discipline and consider factors such as the seriousness of the violation, the frequency of violations and the student-athlete's willingness to participate in drug and alcohol counselling services.
  - 1.2. A decision of the assistant superintendent's Athletic Council Discipline Committee to suspend an athlete under this appendix may be appealed to the Superintendent, who will review the matter and make a final decision regarding the athlete's suspension.
4. Before the athlete can be reinstated, the athlete and athlete's parents must have a formal meeting with the athletic director and the principal to discuss further participation in school athletics.
5. Nothing within this appendix is to be interpreted so as to prevent the athlete from attendance at regular physical education classes during school hours.

Legal references: School Act, ss 6, 7, 8, 17, 20, 22, 26, 65, 79, 85, 177  
Liquor Control and Licensing Act, SBC 2015

Other references: Administrative Procedure 356

Adopted: September 22, 2008

Revised: August 28, 2017; August 26, 2019

## APPENDIX C

### MEDICAL CONSENT FORM

The safety of your child in their participation in extra-curricular sports is of the utmost importance to you as a parent, and this attention to safety is shared by all school/district staff and coaches (both community and district employee coaches). The following Medical Screening Checklist provides the school and coach the necessary information to ensure awareness and, where appropriate, accommodations are made by the coach in order that your child can participate safely. Appendices D, E, F and G of "School District No. 73 (Kamloops-Thompson) Extra Curricular Safety Guidelines Handbook", specifically addresses protocols and procedures regarding concussions and suspected concussions

Please be aware that some medical conditions will prevent a student-athlete from being eligible to compete in extra-curricular athletics. The ineligibility may be temporary, permanent or sport specific.

The intent of the Medical Screening Checklist is to provide important medical information to the school and coach. Any medical symptoms and/or conditions identified that could impact your child's ability to participate in extra-curricular athletics will result in a confidential follow-up meeting with the school principal, athletic director and/or coach to collaboratively plan the next steps prior to participation

Please circle all symptoms/conditions that apply to your child. Should you require clarification or have questions about any of the following prior to completing this checklist, please contact the coach or athletic director.

AREA	CONDITIONS/SYMPTOMS		
Blood	Bleeding/clotting problems	Chest pain	
Head	Frequent headaches	Skull defect	Concussion history
	Uncontrolled Epilepsy		
Eye/Ear/Nose	Severe myopia	Blindness (one eye)	Blindness (both eyes)
	Detached retina	Perforated eardrum	Deafness
Heart	High blood pressure	Abnormal heart sounds/rhythm	
	Previous heart failure		
Lungs	Severe asthma	Acute/chronic infection	
	Asthma/other breathing problems (specify) _____		
	Respiratory insufficiency		
Endocrine	Uncontrolled diabetes		
Abdomen	Disease of liver/kidney/spleen	Cirrhosis	Ileitis/Colitis
	Ascites	Hydrocephrosis	Crohn's disease
Muscular/Skeletal	Muscle disease	Active hip disease	
	Recurrent joint dislocation	Incomplete healing of any fracture	
	Atlanto-axial abnormality	Bone deformity	
	Back/joint pain	Recurrent sprains, muscle tears,	
	Joint effusion or bleeding		
Chronic Infection	Herpes (while active)	AIDS (disease only)	
Other	Fainting episodes	Chronic shortness of breath	
	Severe allergies (specify): _____		

**Other medical conditions not mentioned above that the school/coach needs to be aware of are:**

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**My child uses the following medications/medical technology:**

Hearing aids    insulin pump    insulin/needles for injection    EpiPen    Asthma inhaler

Other (specify): \_\_\_\_\_

I have completed the Medical Screening Checklist for my child and have circled all symptoms/conditions that apply, as well as adding all symptoms/conditions not specifically listed on the checklist. I am aware of the risks and dangers inherent in participation in sports.

I grant permission for my child to participate in extra-curricular sports subject to the limitations and restrictions of the medical conditions/symptoms identified above. I affirm that my child is medically fit to participate in extra-curricular sports with the following restrictions. I acknowledge that, depending upon the conditions/symptoms identified, a follow-up meeting with the coach, athletic director and/or school principal may be required to determine next steps to ensure the safe participation of my child.

I hereby give permission for emergency medical treatment to be administered to my child as may be determined in the reasonable discretion of their coach. It is understood that whenever reasonably possible, I (or emergency contact provided in the event I am not able to be contacted) will be contacted and informed of the medical concern, diagnosis, treatment required and anticipated medical results.

**Should there be any change in my child's medical status during the course of this school year, I will promptly inform the coach and/or athletic director.**

School: \_\_\_\_\_ School Year: \_\_\_\_\_ Date: \_\_\_\_\_

Student-Athlete name: \_\_\_\_\_ Care Card Number: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Parent Signature: \_\_\_\_\_

Parent Phone Number(s): \_\_\_\_\_

Emergency Contact Name and Phone Number: \_\_\_\_\_